

The Five-Minute Fix for Winter Weary Skin

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Cold weather is definitely a challenging time for skin. Wind, cold and indoor heat suck the moisture from the skin, which can make it look dull, sallow and dry. Here are four quick and simple tricks to help you look your best even in the long cold winter months, especially if you are getting ready to attend an important event, going to a function or just socialising with friends:
(Click on product for more info)

1. Revive your skin with Mirenesse Power Lift MD Line Corrector Day Concentrate \$69.50. A concentrated serum with Peptide GF6 complex provides instant and continual benefits to correct and refine deep facial lines and wrinkles and revitalize tired skin. Follow with Christian Dior Capture R60/80 XP Wrinkle Restoring Crème, \$167.00 which contains a cocktail of potent ingredients to smooth out wrinkles and stimulate the skin.

Makeup can accentuate dry skin, fine lines and wrinkles, so be sure to use cream on your skin especially on dry patches and around your eyes before applying makeup.

2. Focus on the eyes. Green tea bags are fantastic for a quick pick-me-up for the eyes. After you've finished drinking your tea, store the used tea bags in a Ziploc or airtight container in the fridge. Before a party or a night out, place a couple of teabags over your eyes for five minutes. The cold and caffeine will help soothe and de-puff your eyes, and the green tea antioxidants will help keep your eye area looking young. On a daily basis use Jan Marini Transformation Eye Cream \$88.00 which targets the thinner, more age-prone eye area to dramatically lessen the visible signs of aging. Alternatively try the new Alpha-H, is the Age Delay Intensive Eye & Lip Treatment Cream \$69.95. Alpha-H utilises natural Flower Acids found in crushed Hibiscus Petals to gently resurface the skin contour; minimising the appearance of crow's feet and hyper-pigmentation whilst promoting cell renewal to give the skin a more lustrous, youthful appearance.

3. Still focusing on the eyes, a must use product for tired dull eyes is Mirenesse Idol Eye Lift Anti Age Mineral Youth Eye Palette \$69.95. Designed to instantly create a more youthful look. A brightening concealer and 4 lifting eye shadows infused with anti-ageing Renovage. A 2 in 1 product, with all the benefits of an eye cream and eye shadows in 1 product. Another must to use is mascara; lashings of it. Try two of our absolute favourites to brighten up any eye: Bloom Full and Flirty Waterproof Fake Lash Mascara \$30.00 and L'Oreal Paris Extra-Volume Collagene \$26.95

4. For an instant glow, try Clarins Instant Light Complexion Perfector \$50.00

Wear alone or under your makeup for flawless radiance, or use to highlight specific features such as the cheekbones. Be sure to moisturize first, or else it will end up highlighting the flaky skin.

Or try Yves Saint Laurent TOP SECRETS Flash Radiance Skincare Brush \$88.00, it combines the benefits of skin care with the precision of a professional application to give the skin instant freshness and radiance. A cocktail of energizing grains of Paradise and caffeine stimulate the skin and erase signs of fatigue. Sweet orange flavonoids regulate the skin's pigmentation to combat a dull complexion.

Using these products through winter will banish all signs of dull, sallow, tired skin and gets you ready to face whatever comes your way. Whether that is a work function, party or just lunch with the girls, you will be glowing with health and sunshine.

Enjoy and have fun!